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# YSM's Mental Health Services: a solution for those in crisis and a bridge toward healing

Resource Group Canada is proud to continue its partnership with Yonge Street Mission (YSM), a local non-profit organization. Their goal to end chronic poverty in Toronto in one generation includes a crucial investment in mental health resources in conjunction with the programs that meet the basic needs of those the organization serves.

## **ABOUT YONGE STREET MISSION (YSM)**

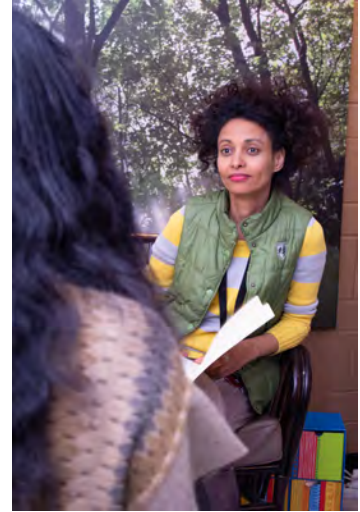
Since 1896, YSM has been serving people living with poverty in Toronto. Today, they serve over 10,000 individuals across six Toronto locations that help move people toward stable, fully engaged lives.

[ysm.ca/donate](https://www.ysm.ca/donate)

YSM's counselling services provide free, ongoing counselling to approximately 600 adults and youth each year.

The counsellors work with an especially vulnerable population, with individuals who are emotionally distressed and mentally exhausted.

Access to mental health services by our community members often provides the support needed to take the steps towards a healthier future.



This year, **Resource Group Canada** has pledged \$10,000 to support YSM's Mental Health Services. Please join us in our goal to give the gift of friendship, hope and professional mental health supports to those in crisis in our city.

#### WAYS TO DONATE

1. Online via our secure site [ysm.ca/donate](http://ysm.ca/donate) (reason for giving: other > Resource Group Canada)
2. Call in with your donation 416-929-9614
3. Fill out payment portion below and mail directly to YSM

#### Contact:

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Chief Financial Officer

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T: 416-445-0880 Ext. 102

Here is my gift of:  \$50  \$100  \$200  \$500  Other \_\_\_\_\_

Here is my cheque (please make all cheques payable to: **YONGE STREET MISSION** & mail to address below)

Please charge my:  VISA  MasterCard  American Express

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature: \_\_\_\_\_

Charitable Registration #11930 6181 RR0001